

Assisted Living Update

Overview - Top 10 Citations and Complaints

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DON'T REGRET KNOWING THE
PEOPLE THAT COME INTO YOUR LIFE!

GOOD PEOPLE GIVE YOU HAPPINESS,
BAD ONES GIVE YOU EXPERIENCE,
THE WORST ONES GIVE YOU LESSONS,
AND THE BEST ONES
GIVE YOU MEMORIES!



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“Resilience is accepting your new reality, even if it's less good than the one you had before. You can fight it, you can do nothing but scream about what you've lost, or you can accept that and try to put together something that's good.”
—Elizabeth Edwards



Life is amazing. And then it's awful. And then it's amazing again. And in between the amazing and the awful it's ordinary and mundane and routine. Breathe in the amazing, hold on through the awful, and relax and exhale during the ordinary. That's just living a heartbreaking, soul-healing, amazing, awful, ordinary life. And it's breathtakingly beautiful.

@HERUPLIFTINGQUOTES



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ALR Facility counts

ALR Facility Open/Close counts in Colorado
2020 Qtr 1- 2022 Qtr 1

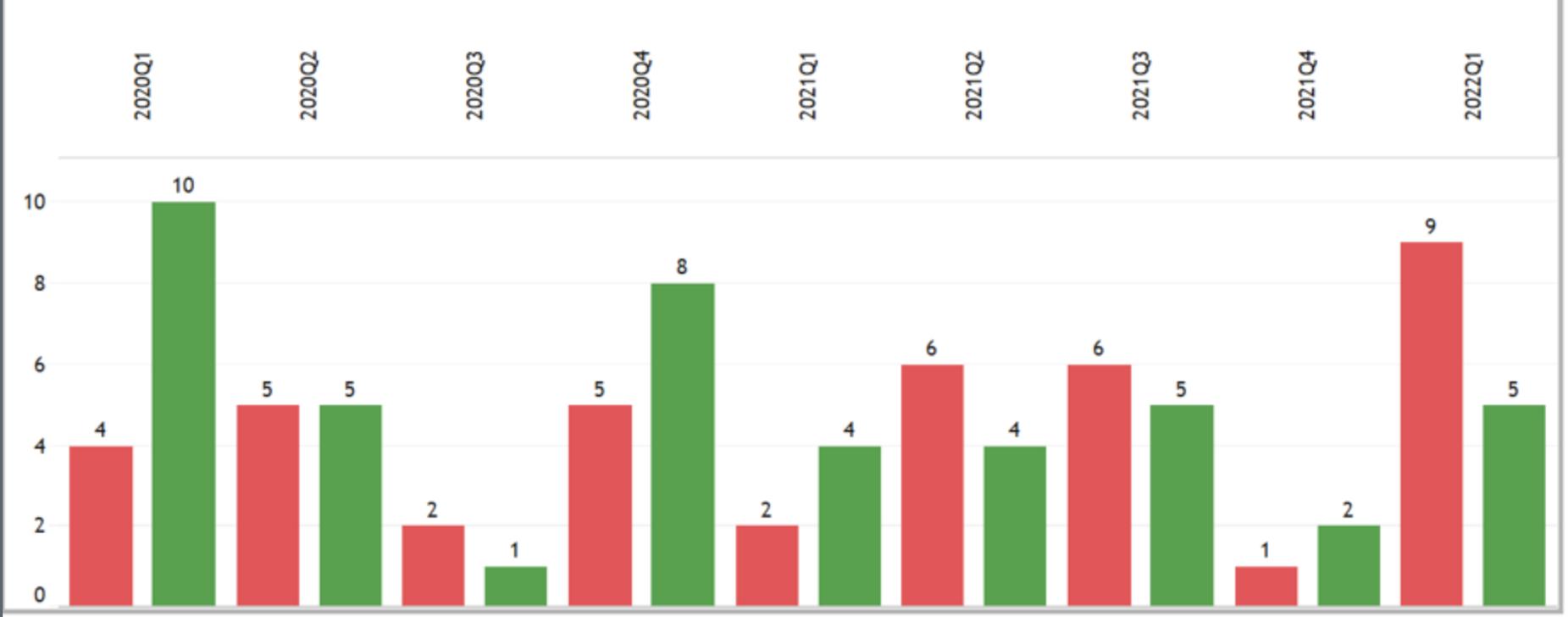
ALR Facility Counts in Colorado

Factype	Type	Subtype	# Facilities	# Deemed	# Licensed Beds	# Cert Beds	# Secured Beds
SA1	ASSISTED LIVING RESIDENCE	ALR ONLY	346		17,382	89	4,841
SA2	ASSISTED LIVING RESIDENCE	ALR/ACF	295		7,672	5,821	466
SA3	ASSISTED LIVING RESIDENCE	ALR/RTF	18		196	0	0
SA5	ASSISTED LIVING RESIDENCES	ALR/BISL	32		354	246	0
Grand Total			691		25,604	6,156	5,307



ALR Facility Open/Close Counts in Colorado

Facilities **Opened** and **Closed** for ALR/ACF, ALR/BISL, ALR/RTF and 1 more Facility Type



OVERVIEW

Citations

Facility Type:

ALR Only

0540- Administrator Duties- 117

0310- CV-19 Report vacc 2x month- 69

1468- Med/ Med admin orders- 60

1110- Res Care Services. Res Agree- 44

1180- Res Care Services- Fall Mgmt- 33



0270- CV-19 P&P-Enc Booster- 24

1510- Med/Med admin rec keep- 23

1514- Med/Med admin Qrtly audit- 22

0610- Prsnnl Crim Hist- 21

0246- Lic Proc- Condit Lic- 20



OVERVIEW

Citations

Facility Types:

ALR/ACF

0540- Admin Duties- 90

0310- CV-19 Rpt Vacc Rates 2x mo- 47

1110- Res Care Serv. Res agreement- 31

0630- ACF Prov Role Med admin- 31

0246- Lic Proc-Cond Lic- 29



0270- CV-19 P&P Enc Booster- 22

1468- Med/Med admin Com orders- 20

0266- CV-19 Prot unvacc- 18

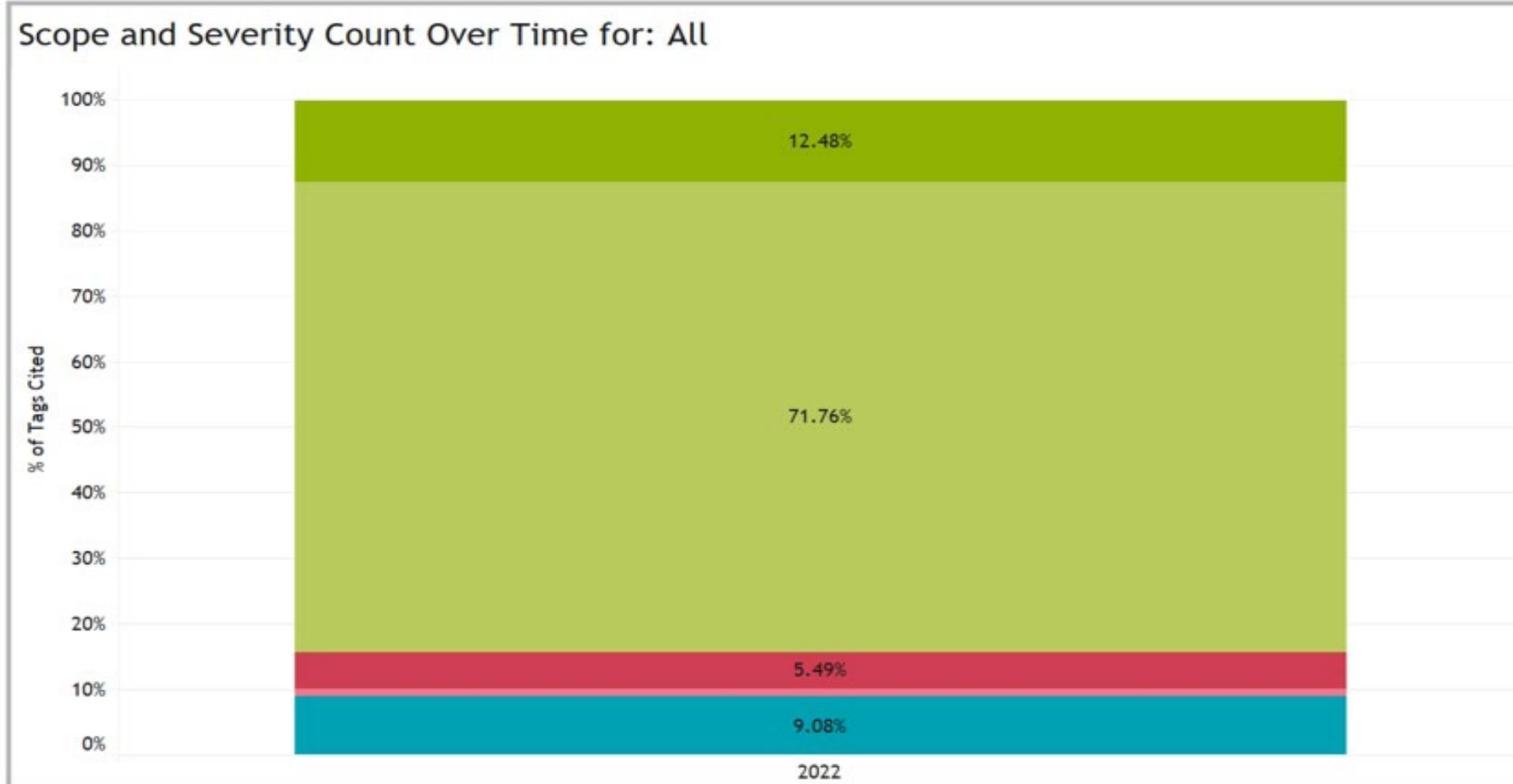
0262- CV-19 Exempt list- 16

0246- Lic Proc- Condit Lic- 20



ALR Only Facility Scope and Severity

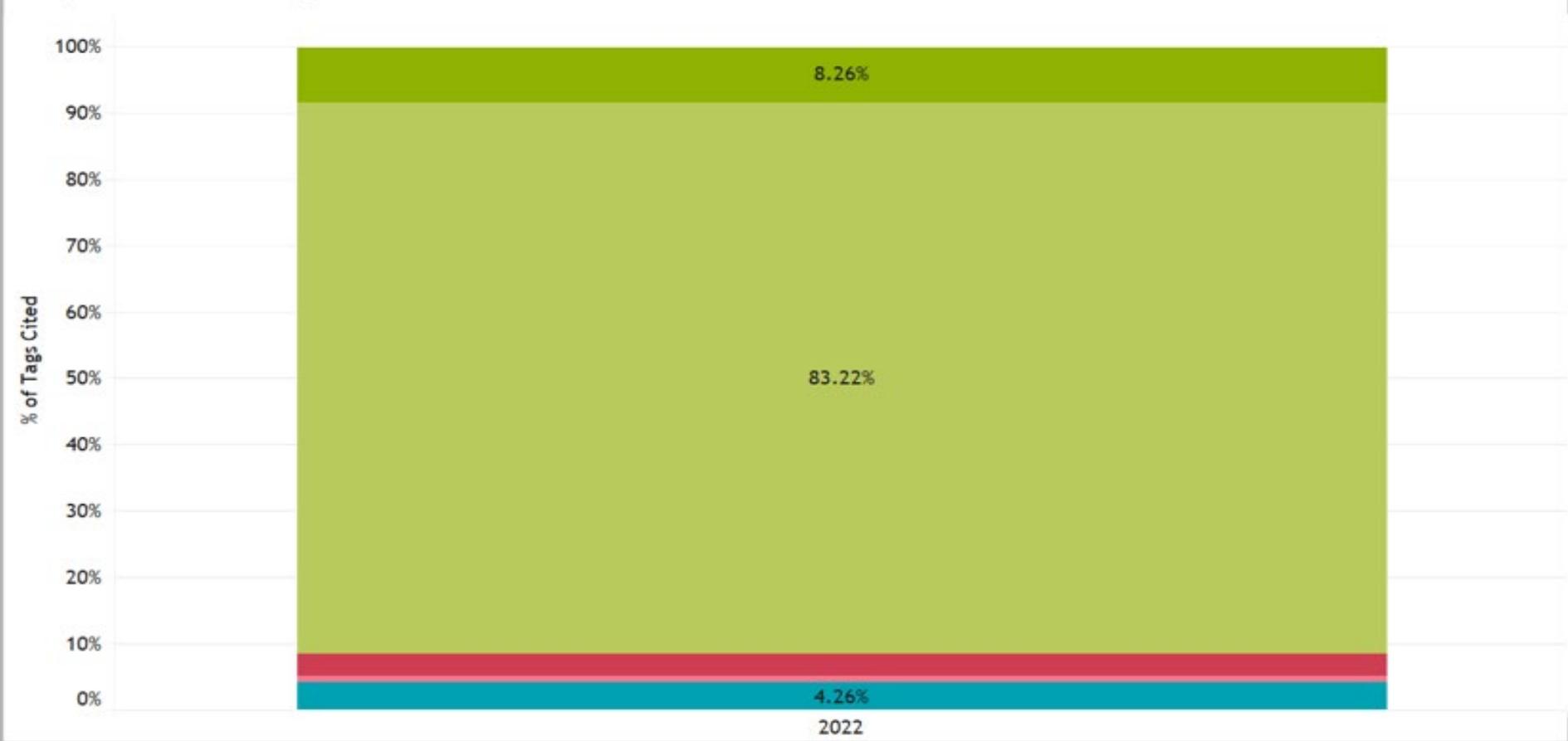
SS: ■ A ■ B ■ C ■ D ■ E



ALR/ ACF Facility Scope and Severity

SS: ■ A ■ B ■ C ■ D ■ E

Scope and Severity Count Over Time for: All



OVERVIEW

Complaints

ALR/ACF

ALR Only



Quality of Care and treatment- 343 complaints

Resident/Patient/Client Rights - 60

Dietary services- 46

Physical Environment- 44

Unqualified Personnel- 36



State Licensure - 32

Resident/Patient/Client Neglect- 17

Resident/Patient/Client Abuse- 14

Administrative/Personnel- 13

Admission, discharge and transfer rights- 13



SUMMARY

ALLEGATIONS FOUND SUBSTANTIATED:

State Licensure- 87.50%

Infection Control- 83.33%

Other services- 66.67%

Resident/Patient/Client Abuse- 57.14%

Administration/Personnel- 53.85%

Unqualified Personnel- 47.22%

Quality of Care/Treatment- 34.69%



Assisted Living Residence section@ CDPHE

- 21 staff, 2 openings
- 5 new staff in training
- New offsite QMP survey began 06/22
- Ongoing evaluation of survey process
- Gearing up for stakeholder meetings this month, for new bills that passed in the Legislature



Q & A



Many leaders struggle with making or taking the time to engage in a routine of self-care. Start small (and simple) and build your self-care foundation as you find practices that work for you. Get started with one or more of these strategies:

- Build a 1 to 2 hour buffer between work or family responsibilities and your desired bedtime. Shut your laptop, take a walk around the block, stretch, take a warm bath or shower, and read paper media (vs. engaging on digital devices) leading up to bedtime.
- No time to hit the gym? Commit to 3 or 4 ten-minute walk breaks throughout your workday. Push back from your desk/monitor and walk around your office, your remote work location, or outdoors in order to begin building movement into your day.
- Make time for people that you enjoy. Visit with family members or friends who ‘fill your cup’ regularly throughout the month. Try to engage on topics or activities that are not closely aligned with your work - this creates separation and improves quality of life outside of your work role.
- How are you doing at 10am? 12pm? 2pm? Take 1 to 3 minutes at various times during the day to ask yourself, “How am I doing?”, “What’s frustrating right now?”, “What’s going well today?”. It’s easy to move from one meeting or task to another without registering how we’re doing. When we’re not taking time to become self-aware, this can lead to reactivity during high stakes work situations.

Engage in hobbies or interests when you’re not working. Make time for nature, creative pursuits, sports/exercise, reading, cooking, pets, community involvement, etc. when you’re not working. When we pursue activities outside of work, it helps us disconnect from the stressors of work so we can return refreshed and ready to take on the next challenge.

**BOSS TOLD ME TO
HAVE A GREAT DAY,**

SO I WENT HOME



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THANKS!

More questions?

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