

Yesenia Brito

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Authorized to work in the US for any employer

Work Experience

Respite Care Worker

South Bay Respite - National City, CA

March 2014 to Present

- In-Home Support, Providing families with short-term relief from the constant responsibility of caring for the developmentally disabled/ intellectual disabilities, autism spectrum disorders for Infants, Children's and Adults.
- Assist clients with activities of daily living, including bathing, dressing Helps clients care for themselves by teaching them with the corresponding care plan.
- Helping them with school assignments and behavior related to these assignments.
- Implementing behavior plan
- Tracking data
- Preparing and serving meals and snacks.
- Accompany the family to doctors appointments, events, activities that are authorized by the services coordinator.
- Daily care , overnight, 24 care and on call service.

QMAP/Caregiver/Memory Care

The Carillon at Belleview Station - Denver, CO

May 2021 to January 2022

- Assist residents with activities of daily living, including bathing, dressing, grooming, toileting, transferring and getting to and from activities and meals according to the individual service plan
- Initiate and participate in leisure activities provided for residents as described in the activity calendar.
- Assist or supervise residents who self-administer their medications as well as follow physician orders to administer medications to residents who cannot self-administer their medications
- Maintain resident's records in our digital platform daily. This includes medication distribution, incidents and observations, reporting any changes in residents' physical and/or behavioral condition, visitors, etc.
- Respond to resident requests for assistance, including emergency pull cords, telephone calls.
- Memory Care duty

In Home Caregiver

Private Home Care - San Diego, CA

March 2018 to November 2020

- Enables patient to stay in their homes by monitoring and recording patient condition, providing support and personal services, and teaching families.

- Monitors patient condition by observing physical and mental condition, intake and output, and exercise.
- Support patient by providing housekeeping and laundry services, shopping for food and other household requirements, preparing and serving meals, running errands and pick up any medications needed .
- Assists patient by providing personal services, such as, bathing, dressing, and grooming.
- Helping patient care for themselves by teaching use of cane or walker, special utensils to eat, special techniques and equipment for personal hygiene.
- Helps with lift, turn, and re-position the patient when bed written.
- Advises on nutrition, cleanliness, and housekeeping.
- Records patient information by making entries in the patient journal and notifying the family of changing or unusual conditions, monitor 24hrs as needed/in home leaving.
- Maintains a safe, secure, and healthy patient environment by following asepsis standards and procedures, maintaining security precautions, and following prescribed dietary requirements and nutrition standards.
- Monitor and administering medications prescribed by a doctor.
- Keep record of medications and orders as needed.

Residential Program Instructor/ Weekend Lead Staff.

TERI, Inc - Oceanside, CA

March 2015 to June 2020

- Providing education, direct training, supervision, program planning, and documentation to adults with developmental disabilities in a 6-bed Residential Group Home setting.
 - Maintain communication with the house manager and supervisor on call and reports as needed. Overlook staff on duty and provide help and training.
 - Monitors patient condition by observing physical and mental condition, intake and output, and exercise.
 - Supports patients by providing housekeeping and laundry services, shopping for food and other household requirements, preparing and serving meals and snacks, and running errands.
 - Assists patients by providing personal services, such as, bathing, dressing, and grooming.
 - Helps patients care for themselves by teaching use of cane or walker, special utensils to eat, special techniques and equipment for personal hygiene, laundry making following service plan TRAP.
 - Administering/QMAP medications as directed by care plan MAR/TRAP.
 - Advises on nutrition, cleanliness, and housekeeping.
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- Records patient information by making entries in the patient journal and notifying nursing supervisor of changing or unusual conditions according to care plan/TRAP.
 - Maintains a safe, secure, and healthy patient environment by following asepsis standards and procedures, maintaining security precautions, and following prescribed dietary requirements and nutrition standards.
 - Protects the home care agency by adhering to professional standards, home care policies and procedures, federal, state, and local requirements.
 - Providing transportation services to adults with developmentally disabilities attending TERI, Inc. programs, appointments, program events etc.

Education

12

High school

October 2005

QMAP/ Med Tec Certificate

Colorado

Skills

- Caregiving (10+ years)
- Medication Administration (8 years)
- Meal Preparation (10+ years)
- Home Care (10+ years)
- Vital Signs (9 years)
- Patient Care (10+ years)
- Food Preparation (8 years)
- Nursing (3 years)
- Memory Care (2 years)
- Senior Care (10+ years)
- Laundry (10+ years)
- Developmental Disabilities Experience (10+ years)
- Dementia Care (7 years)
- Cleaning Experience (10+ years)
- EMR Systems (8 years)
- Alzheimer's Care (7 years)
- Hospital Experience (4 years)

Languages

- Spanish , English - Fluent

Certifications and Licenses

QMAP , CPR/First Aid & AED, Behavior Specialist.

Present